

HANNAH RAILA

UC Santa Cruz
Department of Psychology
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PROFESSIONAL APPOINTMENTS

- 2020 - Present **University of California (UC) Santa Cruz**
Assistant Teaching Professor (Tenure Track)
Director, Emotion Cognition and Psychopathology (ECP) Lab
Department of Psychology
- 2020 - Present **Stanford University School of Medicine**
Adjunct Clinical Faculty
Department of Psychiatry and Behavioral Sciences

EDUCATION & TRAINING

- 2018 - 2020 **Stanford University School of Medicine**
NIMH T32 Postdoctoral Research Fellow
Department of Psychiatry and Behavioral Sciences
Faculty advisor: Carolyn I. Rodriguez, M.D., Ph.D.
- 2017 - 2018 **Weill Cornell Medicine | Cornell University**
Clinical Psychology Predoctoral Internship
- 2012 - 2018 **Yale University**
Ph.D., M.S., M.Phil. in Clinical Psychology
Dissertation: *Seeing and feeling: Novel links between visual attention and emotion*
Faculty advisors: Brian J. Scholl, Ph.D. & Jutta Joormann, Ph.D.
Dissertation committee chair: Dylan G. Gee, Ph.D.
- 2006 - 2010 **Dartmouth College**
B.A. in Psychological and Brain Sciences, with High Honors
Magna cum laude

AWARDS & FELLOWSHIPS

- 2025 UC Santa Cruz (UCSC) Build Belonging Award to fund underrepresented student researchers
2025 APA SUPER Fellowship Mentor Award for Undergraduate Research
2024 Travel Award for UC faculty delegation visit to Aarhus University in Denmark
2024 Course development award to produce Coursera course on evidence-based psychotherapy
2024 UCSC Building Belonging Award to fund underrepresented student researchers
2023 UCSC Committee on Research (COR) Scholarly Meeting Travel Award
2023 Society for Biological Psychiatry (SOBP) Conference Travel Award
2023 UCSC Chancellor's Research Award for Faculty Mentor
2023 UCSC Committee on Research (COR) Large Grant Program Award
2023 Society for Personality and Social Psychology (SPSP) Conference Travel Award
2022 UCSC Committee on Research (COR) Faculty Research Grant
2022 UCSC Executive Vice Chancellor Writing Fellowship and Grant
2021 UCSC Committee on Research (COR) New Faculty Research Grant
2019 Stanford University NIMH T32 Research Training Award Fellowship
2018 Payne Whitney Faculty Award for Outstanding Research at Weill Cornell Medicine
2017 Society for a Science of Clinical Psychology (SSCP) Outstanding Student Teacher Award
2013 National Science Foundation (NSF) Graduate Research Fellowship Program (GRFP)
2010 NIMH Intramural Research Training Award (IRTA) Fellowship
2010 Dartmouth College Rufus Choate Scholar (top 5% of undergraduate class)
2010 Dartmouth Benjamin G. Benner Research Award (top senior thesis in Dartmouth Psychology)
2008 Dartmouth Duncan B. Sleight Memorial Scholarship for excellence in academics and athletics

1. **Raila, H.**, +Bouwer, A., +Moran, C., Kneeland, E.T., +Modi, R., & Joormann, J. (2024). The mindful gaze: Correlations between trait mindfulness and selective attention to positive stimuli. *Cognition and Emotion*, 38, 256-266.
2. *Fracalanza, K., ***Raila, H.**, Avanesyan, T., & Rodriguez, C.I. (2024). Written imaginal exposure for hoarding disorder: A preliminary pilot study. *Journal of Nervous and Mental Disease*, 212, 289-294.
3. Wheaton, M.G., Varias, A.D., Sandhu, T., Munoz Rodriguez, P.A., Mukunda, P., Filippou-Frye, M., Millen, A., Lombardi, A., van Roessel, P., **Raila, H.** [...] & Rodriguez, C.I. (2024). Randomized waitlist-controlled trial of Buried in Treasures facilitated support groups and in-home uncluttering (BIT+) for hoarding disorder. *Journal of Psychiatric Research*, 176, 58-67.
4. Matijczak, A., +Yates, M.S., Ruiz, M.C., Santos, L.R., Kazdin, A.E., & **Raila, H.** (2024). The influence of interaction with pet dogs on psychological distress. *Emotion*, 24, 384.
5. **Raila, H.**, Avanesyan, T., Valentine, K.E., Koo, B., Hwang, C., Tsutsumi, Y., Andreeff, E., Qiu, T., Rodriguez, P.A.M., van Roessel, P., Bullock, K., & Rodriguez, C.I. (2023). Augmenting group hoarding disorder treatment with virtual reality discarding: A pilot study in older adults. *Journal of Psychiatric Research*, 166, 25-31.
6. +Moore, A., Wheaton, M.G., Rodriguez, C.I., & **Raila, H.** (2023). Compulsively seeking certainty: Clarifying the association between intolerance of uncertainty and compulsion severity in OCD. *Journal of Emotion and Psychopathology*, 1, 262-272.
7. Rutherford, A.V., **Raila, H.**, Blicher, A., Vanderlind, W.M., & Joormann, J. (2023). Seeing red: Distraction influences visual attention for anger but not for other negative emotions. *Emotion*, 23, 1224-1235.
8. *Fracalanza, K., ***Raila, H.**, & Rodriguez, C.I. (2021). Could written imaginal exposure be helpful for hoarding disorder? A case series. *Journal of Obsessive Compulsive and Related Disorders*, 29, 1-5.
9. Mahnke, A., Linkovski, O., Timpano, K., Van Roessel, P., Sanchez, C., Varias, A., Mukunda, P., Filippou-Frye, M., Lombardi, A., **Raila, H.**, [...] & Rodriguez, C.I. (2021). Examining subjective sleep quality in adults with hoarding disorder. *Journal of Psychiatric Research*, 137, 597-602.
10. **Raila, H.**, Julian, M., Lebowitz, E., & Silverman, W. (2021). Separating from the mothership: A coordinated individual and parent-based approach to severe agoraphobia in a young adult. *Cognitive and Behavioral Practice*, 28, 422-344.
11. Lewis, E.J., Blanco-Martinez, I., **Raila, H.**, & Joormann, J. (2019). Does repetitive negative thinking affect attention? Differential effects of worry and rumination on attention to emotional stimuli. *Emotion*, 19, 1450-1462.
12. Rodriguez-Guzman, J., Ramos, M.A., Silva, M., Mata, D.A., **Raila, H.**, Rohrbaugh, R., & Barkil-Oteo, A. (2018). Training health professional students as lay counselors to treat depression in a student-run free clinic. *Journal of Student-Run Clinics*, 4, 1-7.
13. **Raila, H.**, Scholl, B.J., & Gruber, J. (2015). Seeing the world through rose-colored glasses: People who are happy and satisfied with life preferentially attend to positive stimuli. *Emotion*, 15, 449-462.
14. Whalen, P.J., **Raila, H.**, Bennett, R., Mattek, A., Brown, A., Taylor, J., VanTieghem, M., Tanner, A., Miner, M. & Palmer, A. (2013). Neuroscience and facial expressions of emotion: The role of amygdala-prefrontal interactions. *Emotion Review*, 5, 78-83.
15. Hechtman, L.A., **Raila, H.**, Chiao, J.Y., & Gruber, J. (2013). Positive emotion regulation and psychopathology: A cultural neuroscience approach. *The Journal of Experimental Psychopathology*, 4, 502-528.

MANUSCRIPTS UNDER REVIEW

Raila, H., & Scholl, B.J. (Under revision at *JEP: General*). Could some effects of emotion on cognition be driven by visual features, rather than semantic content?: Four case studies using the IAPS images.

Gruber, J., **Raila, H.,** & Tsai, J. (Under revision at *Journal of Emotion and Psychopathology*). Actual and ideal affective correlates of risk for bipolar disorder: Cultural similarities and differences.

MANUSCRIPTS IN PREPARATION

+ denotes advisee

Raila, H., +Lawlor, V., +Leon, A., +Obi, E., & Joormann, J. (In preparation). Manipulating self-focused attention with a false heartbeat: A novel task using auditory cues.

Rodriguez, C.I., Chen, C.M., Glover, G., Jo, B., [...] **Raila, H.,** [...] & Wright, B. (In preparation). Efficacy of Ketamine in unmedicated adults with obsessive-compulsive disorder: A randomized controlled trial.

INVITED & CONFERENCE TALKS

1. **Raila, H.** (2025, February). *Replicating behavioral economics findings in the Intro Psych classroom to increase engagement*. Invited symposium talk presented at the Society for Personality and Social Psychology (SPSP) annual conference, Denver, CO.
2. **Raila, H.** (2025, February). *Advice from the trenches: Navigating early career transitions*. Invited professional development symposium talk presented at the Society for Personality and Social Psychology (SPSP) annual conference, Denver, CO.
3. **Raila, H.** (2025, February). *Tips for navigating the grad school application process*. Mentoring roundtable at the Society for Personality and Social Psychology (SPSP) annual conference, Denver, CO.
4. **Raila, H.** (2025, January). *Seeing and Feeling: Novel links between visual attention and emotion*. Invited speaker series talk presented to the Occidental College department of psychology, Los Angeles, CA.
5. **Raila, H.** (2024, May). *Teaching thought and language in Intro Psych*. Invited speaker series talk presented to the University of Denver department of psychology, Denver, CO.
6. **Raila, H.,** Bouwer, A., Modi, R., Moran, C.A., Kneeland, E.T., & Joormann, J. (2024, May). *The mindful gaze: Correlations between trait mindfulness and selective attention to positive stimuli*. Talk presented at the Bay Area Affective Science (BAAS) annual conference, Berkeley, CA.
7. **Raila, H.,** & Rodriguez, C.I. (2024, May). *Technology and hoarding disorder: Empowering assessment, treatment, and research*. Invited symposium talk presented at the annual Online Hoarding Disorder conference, Virtual.
8. **Raila, H.** (2024, February). *Seeing and Feeling: Novel links between visual attention and emotion*. Invited speaker series talk presented to the Saint Mary's College of California department of psychology, Moraga, CA.
9. **Raila, H.** (2024, January). *Emotions in Psychopathology: Studying them in the lab and teaching them in the classroom*. Invited speaker series talk presented to the University of Portland department of psychology, Portland, OR.
10. **Raila, H.** (2023, December). *Seeing and Feeling: Novel links between visual attention and emotion*. Invited speaker series talk presented to the Salve Regina University department of psychology, Newport, RI.
11. **Raila, H.** (2023, November). *Seeing and Feeling: Novel links between visual attention and emotion*. Invited speaker series talk presented to the Cal Lutheran University department of psychology, Thousand Oaks, CA.

12. **Raila, H.** (2023, October). *Seeing and Feeling: Novel links between visual attention and emotion*. Invited colloquium talk presented to the UC Santa Barbara department of psychology, Santa Barbara, CA.
13. **Raila, H., & Rodriguez, C.I.** (2023, April). *Augmenting group hoarding disorder treatment with virtual reality (VR) uncluttering: A pilot study*. Invited symposium talk presented at the Society of Biological Psychiatry (SOBP) annual conference, San Diego, CA.
14. **Raila, H., Lawlor, V., Leon, A.J., & Joormann, J.** (2023, February). *Listen to your heart: A pseudo-interoceptive heartbeat cue increases self-focus*. Symposium talk presented at the Society for Personality and Social Psychology (SPSP) annual conference, Atlanta, GA.
15. **Raila, H.** (2022, November). *Seeing and Feeling: Novel links between visual attention and emotion*. Invited speaker series talk presented to the Sacred Heart University department of psychology, Fairfield, CT.
16. **Raila, H., van Roessel, P., Avanesyan, T., & Rodriguez, C.I.** (2022, October). *Hoarding disorder research and treatment advances: Virtual reality (VR) for hoarding disorder*. Invited symposium talk presented at the Mental Health of San Francisco Mini-Conference on Hoarding and Cluttering, Virtual.
17. **Raila, H.** (2022, October). *Cognitive behavioral skills for managing emotions*. Invited talk presented to the Dartmouth College Women of Dartmouth Global Summit, San Francisco, CA.
18. **Raila, H., & Rodriguez, C.I.** (2022, July). *Augmenting group hoarding disorder treatment with virtual reality (VR) uncluttering: A pilot study*. Talk presented at the International OCD Foundation (IOCDF) annual conference, Denver, CO.
19. **Raila, H., Lawlor, V., Leon, A.J., & Joormann, J.** (2022, March). *Listen to your heart: A pseudo-interoceptive heartbeat cue increases self-focus*. Talk presented at the Society for Affective Science (SAS) annual Interoception Preconference, Virtual.
20. **Raila, H.** (2020, July). *Acomodación en los hogares de niños ansiosos* [presented in Spanish]. Invited talk presented to the Pediatric Psychology Department at Children's Health Orange County (CHOC) Hospital, Virtual.
21. **Raila, H. & Scholl, B.J.** (2019, January). *Seeing and feeling: Novel links between visual attention and emotion*. Invited talk presented to the Psychiatry Department at the University of San Francisco (UCSF), San Francisco, CA.
22. **Raila, H.** (2019, January). *Too much of a good thing?: Diagnosis and treatment of hoarding disorder*. Invited talk presented to Psychology Grand Rounds at the Alta Bates Medical Center, Berkeley, CA.
23. **Raila, H.** (2018, June). *Seeing and feeling: Novel links between visual attention and emotion*. Invited talk presented to Psychiatry Grand Rounds at the Weill Cornell Medicine Department of Psychiatry Research, New York, NY.
24. **Raila, H., Chen, Y.C., & Scholl, B.J.** (2017, April). *Unhappy people quickly promote happy faces into awareness*. Talk presented at the Society for Affective Science (SAS) annual conference, Boston, MA.
25. **Raila, H., Guzman, J.R., Cerdana, I., & Greene, A.** (2016, January). *Behavioral health services at a student-run free clinic: Created by students and delivered by students*. Symposium talk presented at the Society for Student-Run Free Clinics (SRFC) annual conference, Phoenix, AZ.
26. **Raila, H., Julian, M., & Tuis-Elizalde, J.** (2015, October). *Averting failure to launch: Separating from the mothership*. Invited panel talk presented to Psychiatry Grand Rounds at the Yale Child Study Center, New Haven, CT.
27. **Raila, H., Silva, M., Guzman, J.R., & Barkil-Oteo, A.** (2015, May). *Behavioral health services within an immigrant community: A population health perspective from a student-run free clinic*. Symposium talk presented at the American Psychiatric Association (APA) annual conference, Toronto, Canada.

28. **Raila, H.**, Scholl, B.S., & Gruber, J. (2015, April). *Seeing the world through rose-colored glasses: People who are happy and satisfied with life preferentially attend to positive stimuli*. Talk presented at the Society for Affective Science (SAS) annual Positive Emotion Preconference, Oakland, CA.
29. **Raila, H.**, Tsai, J., & Gruber, J. (2013, January). *The Emotions we want to feel: Ideal affect and hypomania risk across cultures*. Talk presented at the Society for Personality and Social Psychology (SPSP) annual Emotion Preconference, New Orleans, LA.

CONFERENCE POSTER PRESENTATIONS (SELECTED)

+ denotes advisee

1. +Fierro, N., Muñoz Rodriguez, P., **Raila, H.**, & Rodriguez, C.I. (2026, July). *Exploring perseverative thinking and rumination across obsessive-compulsive disorder symptom dimensions*. Poster presented at the International OCD Foundation (IOCDF) annual conference, Seattle, WA.
2. +Aquino, A., +Yates, M., +Wang, A., & **Raila, H.** (2025, June). *Do contamination-oriented people promote disgust into awareness more quickly? A breaking continuous flash suppression pilot study*. Poster presented at the Bay Area Affective Science (BAAS) annual conference, Palo Alto, CA.
3. +Obi, E.C., Vanderlind, W.M., +Langdon, E., & **Raila, H.** (2025, June). *Evoking the power of resilience: Resilience gains predictive power for reduced anger when using instructed emotion regulation strategies*. Poster presented at the Bay Area Affective Science (BAAS) annual conference, Palo Alto, CA.
4. +van Amson, L., +Lawlor, V., +Leon, A.J., Joormann, J., & **Raila, H.** (2025, June). *Does listening to your heartbeat interfere with external tasks?* Poster presented at the Bay Area Affective Science (BAAS) annual conference, Palo Alto, CA.
5. +Obi, E.C., Vanderlind, W.M., +Langdon, E., & **Raila, H.** (2025, May). *Associations between resilience, negative affect, and emotion regulation strategy*. Poster presented at the American Psychiatric Association (APA) annual conference, Los Angeles, CA.
6. +Obi, E.C., Vanderlind, W.M., Rutherford, A.V., +Langdon, E., Joormann, J., & **Raila, H.** (2024, October). *Instructed emotion regulation makes resilience more strongly associated with reduced anger*. Poster presented at the Association for Psychological Science (APS) global psychological science summit, Virtual.
7. +Obi, E.C., +Turkovich, E. Rodriguez, C.I., & **Raila, H.** (2023, July). *Whether preference for smaller-but-immediate reward predicts OCD compulsion severity across two delay discounting scenarios*. Poster presented at the International OCD Foundation (IOCDF) annual conference, San Francisco, CA.
8. +Yates, M., Crossman, M.K., Matijczak, A., Dias, H.E., Kazdin, A., Santos, L.R., & **Raila, H.** (2022, February). *The influence of interaction with pet dogs on subjective distress*. Poster presented at the Society for Personality and Social Psychology (SPSP) annual conference, San Francisco, CA.
9. +Bouwer, A., +Modi, R., +Moran, C.A., Kneeland, E.T., Joormann, J., & **Raila, H.** (2022, February). *The mindful gaze: Correlations between trait mindfulness and selective attention to positive stimuli*. Poster presented at the Society for Personality and Social Psychology (SPSP) annual conference, San Francisco, CA.
10. +Moore, A., Wheaton, M.G., Rodriguez, C.I., & **Raila, H.** (2021, July). *Clarifying the Link Between Intolerance of Uncertainty and Compulsion Severity in OCD*. Poster presented at the International OCD Foundation (IOCDF) annual conference, Virtual.
11. +McCarthy, E., Rodriguez, C.I., & **Raila, H.** (2021, July). *How the preference for immediate reward predicts compulsion severity in OCD*. Poster presented at the International OCD Foundation (IOCDF) annual conference, Virtual.
12. **Raila, H.**, Fracalanza, K., & Rodriguez, C.I. (2020, July). *Pilot of a written imaginal exposure exercise for hoarding disorder*. Poster presented at the International OCD Foundation (IOCDF) annual conference, Virtual.

13. **Raila, H.,** Fracalanza, K., & Rodriguez, C.I. (2020, May). *Pilot of a written imaginal discarding exercise for hoarding behaviors.* Poster presented at the Society for Affective Science (SAS) annual conference, Virtual.
14. **Raila, H.,** & Scholl, B.J. (2019, March). *Could some effects of emotion on cognition be driven by visual features, rather than semantic content?: Four case studies using the IAPS images.* Poster presented at the Society for Affective Science (SAS) annual conference, Boston, MA.
15. **Raila, H.,** & Scholl, B.J. (2018, March). *Many effects of emotion on cognition may be driven by low-level visual features, rather than by semantic content: Four very different case studies using the IAPS images.* Poster presented at the Society for Personality and Social Psychology (SPSP) annual Emotion Preconference, Atlanta, GA.
16. **Raila, H.,** Chen, Y.C., & Scholl, B.J. (2017, September). *Unhappy people quickly promote happy faces into awareness.* Poster presented at the Society for Research in Psychopathology (SRP) annual conference, Denver, CO.
17. Lewis, E.J., **Raila, H.,** Blanco-Martinez, I., & Joormann, J. (2017, September). *The emotional pull of rumination: Differential effects of rumination, worry, and reappraisal inductions on attention to emotional stimuli.* Poster presented at the Society for Research in Psychopathology (SRP) annual conference, Denver, CO.
18. Chen, Y.C., **Raila, H.,** & Scholl, B.J. (2017, May). *Sad minds seeking happy stimuli: Trait happiness predicts how quickly happy faces reach visual awareness.* Poster presented at the Vision Sciences Society (VSS) annual conference, St. Pete Beach, FL.
19. **Raila, H.,** Chen, Y.C., & Scholl, B.J. (2017, April). *Unhappy people quickly promote happy faces into awareness.* Poster presented at the Society for Affective Science (SAS) annual Positive Emotion pre-conference, Boston, MA.
20. +Lawlor, V., **Raila, H.,** & Joormann, J. (2016, September). *Manipulating self-focused attention: A novel task using auditory stimuli.* Poster presented at the Society for Research in Psychopathology (SRP) annual conference, Baltimore, MD.
21. +Vissicchio, N., **Raila, H.,** & Gruber, J. (2015, May). *The link between self-relevance and visual attention: An eye tracking perspective.* Poster presented at the Association for Psychological Science (APS) annual conference, New York, NY.
22. **Raila, H.,** & Scholl, B.S. (2015, April). *Moving toward but looking away: Induced approach motivation decreases attention to positive stimuli.* Poster presented at the Society for Affective Science (SAS) annual conference, Oakland, CA.
23. **Raila, H.,** Lastra, N., Ramos, M., Silva, M., Rohrbaugh, R., & Barkil-Oteo, A. (2014, May). *From Mexico to Ghana via Connecticut: The use of lay counselors to deliver manualized mental health care in global and local settings.* Poster presented at the Consortium of Universities for Global Health (CUGH) annual conference, Washington, D.C.
24. **Raila, H.,** Scholl, B.J., & Gruber, J. (2014, February). *Seeing the world through rose-colored glasses: People who are happy and satisfied with life preferentially attend to positive stimuli.* Poster presented at the Society for Personality and Social Psychology (SPSP) annual Emotion Preconference, Austin, TX.
25. **Raila, H.,** & Gruber, J. (2013, September). *Seeing the world through rose-colored glasses: Trait positive emotion and attention biases towards positive emotion stimuli.* Poster presented at the Society for Research in Psychopathology (SRP) annual conference, Oakland, CA.
26. Roe, K.V., Sottile, M., Kohn, P., Kippenhan, J.S., Wei, S., Mervis, C.B., Morris, C.A., Eisenberg, D., Masdeu, J., **Raila, H.,** Bloch, J., Berman, K.F., (2012, July). *Reduced dorsal stream activation in children with Williams Syndrome.* Poster presented at the Williams Syndrome Association (WSA) National Convention, Boston, MA.
27. **Raila, H.,** Jabbi, M., Kohn, P., Nash, T., Cropp, B., Mattay, R., Zhang, J., Kippenhan, J.S., Berman, K.F. (2011, May). *Behavioral activation and inhibition tendencies predict differential BOLD response to gain and loss.* Poster presented at the Society of Biological Psychiatry (SOBP) annual conference, San Francisco, CA.

28. Cropp, B., Jabbi, M., Kohn, P., Nash, T., **Raila, H.**, Kippenhan, J.S., Eisenberg, D., Masdeu, J., Berman, K.F. (2011, November). *Midbrain dopamine modulates mesocorticolimbic and sensorimotor regulation of decision-making*. Poster presented at the Society for Neuroscience (SFN) annual conference, Washington, DC.

TEACHING EXPERIENCE

2025 - Present	Instructor, Coursera (in film editing stage for Spring 2026 release) <i>Open online course</i> Evidence-based Psychotherapy: A Consumer's Guide
2020 - Present	Instructor, UC Santa Cruz, Department of Psychology <i>Undergraduate courses</i> Introductory Psychology Psychopathology Clinical Psychology Science of Emotions Research Methods <i>Graduate course</i> Teaching in Psychology
2019 - 2023	Instructor, Stanford University Continuing Studies <i>Continuing education courses</i> Managing Emotions with Skill: An Introduction to the Principles of CBT Abnormal Psychology
2015 - 2016	Instructor, Yale University, Department of Psychology <i>Undergraduate courses</i> Abnormal Psychology Social Psychology
2014 - 2016	Instructor, Albertus Magnus College, Department of Psychology <i>Undergraduate courses</i> Abnormal Psychology Introduction to Psychotherapy
2014 - 2017	Teaching Fellow, Yale University, Department of Psychology <i>Undergraduate courses</i> Introductory Psychology Clinical Psychology in the Community Human Emotion Abnormal Psychology <i>Graduate courses</i> Introduction to Diagnostic Assessment and the SCID-5 Ethics and Clinical Practice: Legislation and Diversity Issues

MENTORSHIP (SELECTED)

+Indicates society conference presentation

*Indicates published or submitted manuscript

^Indicates funding award (e.g., Koret Scholarship for Undergraduate Research, APA SUPER Fellowship)

	Name, role	Position following mentorship
2024 - Present	Lily van Amson+	TBD
2025 - 2026	Arthi Iyer	MSW student, Palo Alto U
2024 - 2026	Amaya Aquino ⁺ (Thesis student)	PhD student, Rosalind Franklin U
2022 - 2026	Ebele Obi+	PhD student, Biola University
2024 Summer	Ellie Langdon	Undergrad RA, Dartmouth College
2024 - 2025	Emily Kamalnathan+	Post-bacc RA, Vanderbilt
2021 - 2025	Morgan Yates ⁺ ^ (Thesis student)	Post-bacc RA, U of Arizona
2023 - 2024	Kristy Li	Post-bacc RA, San Francisco VA
2022 - 2024	Ash Wang+	PhD student, Palo Alto University
2021 - 2023	Annabel Bouwer ⁺ ^ (Thesis student)	Post-bacc RA, Stanford
2022 - 2022	Ashley Leon+	PhD student, UT Austin
2021 - 2022	Rhea Modi ⁺ ^	Post-bacc pre-med, Loyola Marymount

2019 - 2022	Elizabeth McCarthy+	Post-bacc pre-med, CSU East Bay
2019 - 2021	Alexis Moore+* (<i>Dissertation student</i>)	Clinical Internship, Philadelphia VA
2014 - 2015	Victoria Lawlor+	PhD student, Emory University
2014 - 2015	Cole Moran+ (<i>Thesis student</i>)	PhD student, UMass Amherst
2013 - 2014	Nicholas Vissicchio+	PsyD student, Ferkauf School of Psych
2012 - 2013	Sohini Bandy (<i>Thesis student</i>)	MD student, Baylor College of Medicine

DEPARTMENTAL & UNIVERSITY SERVICE AT UC SANTA CRUZ

- Faculty advisor, Psi Chi, UC Santa Cruz chapter; 2024 - Present
- Faculty co-instructor/mentor for two graduate student instructors (GSIs); 2024 - 2026
- Supervisor, 10-15 students per quarter, Field Study Program; 2021 - Present
- Faculty delegate to Aarhus University in Denmark, Global Engagement Program; Fall 2024
- Senate committee, Committee on International Education (CIE); Fall 2022, Fall 2023
- Faculty coordinator, Psychology Department TA Orientation; 2022 - 2023
- Panel organizer, Graduate School and Careers in Psychology; 2021
- Department committee, Committee on Undergraduate Affairs (CUA); 2021 - 2022
- Faculty Fellow, Center for Innovations in Teaching and Learning; 2020 - 2021

PROFESSIONAL SERVICE & CONSULTING

Ad hoc reviewer:

Acta Psychologica; Anxiety Stress and Coping; Applied Developmental Science; Cognition and Emotion; Cognitive Neuropsychiatry; Cognitive Therapy and Research; Frontiers in Psychiatry; Interactive Psychology: People in Perspective (textbook); Journal of Nervous and Mental Disease; Psychiatric Services; Scientific Reports

Ad hoc conference reviewer:

Society for Personality and Social Psychology (SPSP); Society for Affective Science (SAS)

Grant consultation and support:

- Clinical consultant, Misophonia Research Fund (MRF) grant, *The role of mental imagery in misophonia*, PI: Nick Davidenko, Funded 2024 (\$497,000)
- Advisor, National Institutes of Health (NIH) K01 Career Development Award, *Facilitating social interactions and the use of emotion regulation among college students through personalized AI*, PI (pending): Mahnaz Roshanaei, Submitted 2025

Consultant for mental health startups:

2023 - Raindrop Health (using AI to develop CBT-based exercises)
2023 - Appi (using AI to develop CBT-based exercises)

CLINICAL EXPERIENCE

2018 - 2019	Stanford University School of Medicine	Palo Alto, CA
	• Individual CBT and DBT for adults with mood, anxiety, and OCD • SCID-5 interviews to determine eligibility for research studies, with a focus on evaluating OCD and hoarding disorder	
2017 - 2018	Weill Cornell Medical Center New York Presbyterian Hospital	New York, NY
	• Individual CBT for adults with mood disorders, PTSD, and OCD • Emergency Room (ER) acute triage and evaluation, most often for suicidality, psychosis, malingering, and/or substance abuse • Co-led CBT groups for adolescents with OCD	
2016 - 2017	Yale Psychology Department Clinic (YPDC)	New Haven, CT
	• Co-led DBT groups for adults with emotion dysregulation • Individual CBT for adults with mood and anxiety disorders • SCID-5 intake interviews with adults for intake reports, recommendations for treatment, case assignment, and/or referral	

- 2015 - 2016 **Intensive Outpatient (IOP) Unit, Yale-New Haven Hospital** **New Haven, CT**
- Co-led DBT groups for adults with borderline personality disorder and/or self-injurious behavior
 - Provided on-call crisis intervention via an emergency paging system
- 2014 - 2015 **Yale Child Study Center** **New Haven, CT**
- Individual and family CBT for children and adolescents with anxiety disorders, mood disorders, and OCD
 - Provided consultation to school administrators on behavioral management
 - Collaborated with assessment teams to integrate test results of cognitive ability, achievement, and neuropsychological batteries of executive functioning
- 2013 - 2015 **HAVEN Free Clinic** **Fair Haven, CT**
- At a student-run, free community healthcare clinic, provided CBT-based psychoeducational sessions for recently arrived Spanish-speaking immigrants with or at risk for depression
 - Led and designed an overhaul of the psychoeducation curriculum to more closely align with empirically-based CBT treatments
 - Conducted all sessions in Spanish
- 2013 - 2014 **Yale Center for Anxiety and Mood Disorders** **New Haven, CT**
- Co-led and refined curriculum for mindfulness skills group for adolescents with emotion regulation difficulties
 - Individual CBT for adults with mood and anxiety disorders

EXPERIENCE PROVIDING CLINICAL SUPERVISION

- 2019 - 2022 **Stanford University School of Medicine** **Palo Alto, CA**
- Supervised doctoral students in conducting CBT-based VR sessions for adults with hoarding disorder, as part of a clinical research trial
 - Supervised doctoral students conducting SCID-5 intakes
- 2016 - 2017 **Yale Psychology Department Clinic (YPDC)** **New Haven, CT**
- Supervised doctoral students in conducting SCID-5 intake interviews and writing diagnostic reports
 - Observed live intakes to provide live supervision; listened to and provided feedback on intake audiotapes
 - Received weekly instruction in supervision competencies
- 2016 - 2017 **Yale Psychology Department Clinic (YPDC)** **New Haven, CT**
- Supervised clinical psychology doctoral students in leading DBT Skills groups
 - Observed live group sessions to provide live supervision
- 2014 - 2015 **HAVEN Free Clinic** **New Haven, CT**
- Behavioral health program supervisor at student-run free clinic
 - Supervised graduate and medical school students providing behavioral health sessions for Spanish-speaking immigrants
 - Developed and led training sessions for new student clinicians

OTHER ACTIVITIES

- 2012 **Putney Student Travel, International Service Trip Leader** **Volcán, Costa Rica**
- Led a four-week service trip to Costa Rica for 14 high school students
 - Coordinated service activities and provided on-the-ground supervision, support, and mentoring of students
- 2010 **Dartmouth Global Leadership Project, Service Trip Leader** **El Rosario, Honduras**
- Led seven undergraduates on a 10-day service trip to Honduras, for which we designed and executed a leadership skills program for adolescents
 - Leadership skills program conducted in Spanish

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|-------------|---|------------------------|
| 2009 | Pastoral Social, International Mental Health Intern
• With a rural outreach group, addressed health needs in rural Ecuador
• Initiated and designed a presentation on alcohol abuse and addressed it to community groups of 10-50 people
• Held weekly one-on-one counseling with adolescents to discuss topics such as stress, alcoholism, or behavioral misconduct
• All work conducted in Spanish | Ambato, Ecuador |
| 2006 - 2010 | Dartmouth College Varsity Track and Field Team
• NCAA Division I collegiate athlete
• Event: Pole vault | Hanover, NH |

PROFESSIONAL MEMBERSHIPS

American Psychological Association (APA)
 Association for Behavioral and Cognitive Therapies (ABCT)
 Society for Affective Science (SAS)
 Society for Biological Psychiatry (SOBP)
 Society for Neuroscience (SFN)
 Society for Personality and Social Psychology (SPSP)
 Society for the Teaching of Psychology (STP)

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